



DERBY SENIOR CENTER NEWS

Visit us at 293 Main Street, Derby, CT 06418 • Call us at 203.736.1484 • Email us at seniorcenter@derbyct.gov

May 2025



CENTER INFO

Hours of Operation:

Monday-Friday: 9:00am-4:00pm

Any changes will be posted.

Phone: 203-736-1484

Fax: 203-736-1486

Our Staff:

Executive Director:

Dawn Hebert, MSW

Email: dhebert@derbyct.gov

Coordinator/Assistant Director:

Olga Capristo, BSW

Email: ocapristo@derbyct.gov

Office Clerk:

Kathy Gerwien, BA Business Admin.

Email: kgerwien@derbyct.gov

Kitchen Manager:

Christine Turecek, AA In Culinary

Reminder:

**We will be closed on
Monday, May 26th in observance of**



POINTS OF INTEREST

- The **Elderly Commission meeting** is held on the 1st Monday of every month at 3:00.
- The **Executive Board Meeting** is the 2nd Tuesday of the month at 10:00am.
- The **Events Planning Committee** is on the 2nd Tuesday of every month at 11:00 immediately following the Executive Board Meeting.
- **Medicare Counseling**—We have a trained CHOICES counselor available to assist you. Call the center to set up an appointment.
- **Veteran's Services & Benefits** Please contact Andy Cota at 203-736-8882 with questions or for an appointment. He is available on Wednesdays, 9:00am-1:00pm.
- **Volunteers:** There are many opportunities available here at the center. Please call if interested. Your help is greatly appreciated.

ATTENTION: When signing up for paid events, please write a separate check for each event or pay by cash. It is becoming increasingly difficult to track payments clumped together. Thank you in advance.

ATTENTION: A Gentle reminder that Membership Renewals were due in January for last names that start with A-M Please renew if you have not already done so. This will save us from having to make numerous phone calls. Derby Residents \$6.00 Non-residents \$8.00. If you do not wish to renew, please contact us to be removed from our mailing list. Thank you.

LOOKING AHEAD:

Father's Day Luncheon—June 12th—Meatball Grinders, Salad, Dessert, Beverage—Sign Ups start May 12—\$15



WELCOME TO THE DERBY SENIOR CENTER

The Center's purpose is to serve as a resource center providing a broad range of services and activities to meet the diverse social, physical, and intellectual needs of older adults.

NEW INFORMATION

Oak Street Health will be calling Bingo & sponsoring a FREE Sandwich Lunch—May 13th, 12:00.

Spain & Portugal—Collette Travel will present information on upcoming trip for 2026—May 15th, 1:00.

Wine Glass Painting Class-FREE—sponsored by Carefree Home Pros—May 21st, 1:00.

Birthday Bingo—sponsored by Shelton Lakes-Apple Reh ab—May 27th

AARP Safe Driving Course—May 29, 12:30-4:30. Call to reserve your spot.

What is Renters' Rebate? It is a reimbursement program for CT renters age 65 or older or totally disabled, or whose income does not exceed certain limits. The rebate amount is calculated using a graduated income scale based on the rental amount and utility payments, excluding cable and telephone, that were made in the previous year. The program runs April 1st through September 30th. You can call the Assessor's Office for further information. The number for Derby residents is 203-736-1455.

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MONTHLY REMINDERS

Membership Renewals are due in January for last names that start with A-M and June for N-Z. Please renew if you have not already done so. Derby residents \$6.00, non-residents \$8.00.

NOTE:

If you know of anyone interested in learning more about what the Center has to offer, he/she is welcome to come to any of our activities and/or events as your 1-time guest or he/she may come on their own for a free week trial. Just check in at the office.

Haircuts

Haircuts are on the 2nd Monday of the month—\$10 cash. Please call for an appointment

Blood Pressure Screenings with Parish Nurse, Maggie Sessa, is on the 2nd Tuesday of the month.

Please remember to sign into the building when you enter.
Thanks!

DIRECTOR'S CORNER

Hello friends,

We had a fabulous Easter Luncheon! It was wonderful seeing old and new faces and watching everyone enjoying special time together. Thank you to Matteis' for the delicious food and to all the volunteers who work so hard to help pull off our events. We would not be able to do it without you!

AARP finished up their FREE Tax Preparation Appointments. They prepared 116 tax returns! We thank them for this very beneficial service!

On May 21st, Carefree Home Pros will be having a FREE Wine glass Painting class. On May 29th, AARP will be offering a Safe-Driving Class. You must call to register. \$20 AARP members, \$25 non-members. Checks made out to AARP and paid directly to them the day of the class.

We will soon be rolling out our new automated check-in system

called MySeniorCenter which is installed in the lobbies. Even though it is designed to be user-friendly, our staff and volunteers will be available to assist you with operating the new system. We want to make the transition as seamless as possible for everyone. Expect to get a broadcast when it is ready around Mid-May.

This month we celebrate Mother's Day! At some point in our lives we all meet one lady who is worth celebrating whether she is with you in body or spirit, spend the day thinking of her at our Mother's Day Luncheon / Tea! Male members welcome! Wear a Spring hat to be entered into a special raffle. You may bring your own teacup if you wish. Whether you are a mother, aunt, sister, or dear friend, Happy Mother's Day to You!

Warmest Regards, Dawn

MEALS / EVENTS

Mother's Day Luncheon/Tea

Thursday, May 8th, 2025
12:00pm

Wear a hat to be entered into a special raffle!

Bring a tea cup (optional)

Croissant Sandwiches, Italian Pasta Salad, Tossed Salad, Home-Made Sweets
Beverage
\$12.00

Please note: Meals/Events must be signed up for by the Thursday before so we can have an accurate count

Senior Café

Tuesdays & Thursdays at 11:45
\$3.00

****Please Call Ahead before 10:00am the day before****

ANNOUNCEMENTS

Movie Matinee—Thursday, May 22 - 1:00pm—"Here"—"Here" is about multiple families and a special place they inhabit. The story travels through generations, capturing the human experience in its purest form. A tale of love, loss, laughter, and life, all of which happens, right here.

Birthday BINGO—sponsored by "Shelton Lakes-Apple Rehab"—May 27th—1:00-3:00.

Quilting—We are trying to get a quilting group together for both seasoned quilters and beginners. If interested in joining, please call the center.

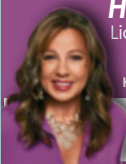


NEW! Book Club! The Derby Public Library will be starting a book club on June 4th and it will be the first Wednesday of every month. Please call to sign up. The books chosen are as follows: The Kitchen Front by Jennifer Ryan (June 4), How to Solve Your Own Murder by Kristen Perrin (July 2), The Invisible Husband of Frick Island by Colleen Oakley (August 6). The books will be available at the library in large print on May 1st.

Corn Hole—Bring your friends for a fun game of Corn Hole in our Courtyard. Call ahead for set-up.



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MONDAY - FRIDAY 8AM-7PM | SATURDAY 9AM-4PM | SUNDAY 9AM-1PM

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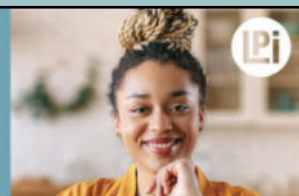
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Derby Senior Center, Derby, CT

06-5354

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes-Call to sign up 10:00 Hook & Needle Grp 10:30 Reiki (by appt) 11:45—Senior Café 9:00-3:00—Pool Billiards	2 10:00 Grocery Shopping w/ VTD 9:00-3:00—Pool Billiards 10:30—Creative Writing Workshop 12:30—FAMILY TREE CLUB
5 10:00 Chair Yoga 11:45— Strength Training with Bobbi 3:00 Elderly Commission Meeting 9:00-3:00—Pool Billiards	6 10:00—Line Dancing 1:00 Pool Billiards 10:00 - EXECUTIVE BRD. Meeting 11:00-Events Planning Committee Meeting 12:30 Blood Pressure Checks 12:00—FREE LUNCH sponsored by Oak Street Health 1:00-3:00 Bingo 1:00 Pool Billiards	7 9:30 Gentle Yoga  11:45— Strength Training with Bobbi 9:00-3:00—Pool Billiards 1:00—Decorating Club Set up for luncheon/Tea	8 9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes-Call to sign up 10:00 Hook & Needle Grp 10:30 Reiki (by appt) 11:45—Senior Café 9:00-3:00—Pool Billiards 12:00 Mother's Day Luncheon / Tea—\$12.00	9 10:00 Grocery Shopping w/ VTD 9:00-3:00—Pool Billiards 10:30—Creative Writing Workshop 12:30—FAMILY TREE CLUB
12 10:00 Chair Yoga 10:00-12:00 Haircuts 11:45— Strength Training with Bobbi 9:00-3:00—Pool Billiards 1:00-Cardio Drumming 	13 10:00—Line Dancing 10:00—Board Meeting 11:00—Events Planning 11:45—Senior Café 1:00-3:00 Bingo 1:00 Pool Billiards 	14 9:30 Gentle Yoga 9:00-3:00—Pool Billiards 11:45— Strength Training with Bobbi 	15 9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes-Call to sign up 10:00 Hook & Needle Grp 10:30 Reiki (by appt) 11:45—Senior Café 9:00-3:00—Pool Billiards 1:00—Collette Travel Presents Spain & Portugal in for 2026 travel	16 10:00 Grocery Shopping w/ VTD 9:00-3:00—Pool Billiards 10:30—Creative Writing Workshop 12:30—FAMILY TREE CLUB
19 10:00 Chair Yoga 11:45— Strength Training with Bobbi 1:00-Cardio Drumming 9:00-3:00—Pool Billiards	20 10:00—Line Dancing 11:45—Senior Café 1:00-3:00 Bingo 1:00 Pool Billiards	21 9:30 Gentle Yoga 11:45— Strength Training with Bobbi 9:00-3:00—Pool Billiards 1:00—Wine Glass Painting Craft—sponsored by Carefree Home Pros	22 9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes-Call to sign up 10:00 Hook & Needle Grp 11:45-Senior Café 9:00-3:00—Pool Billiards 1:00—Movie Matinee— "Here"	23 10:00 Grocery Shopping w/ VTD 9:00-3:00—Pool Billiards 10:30—Creative Writing Workshop 12:30—FAMILY TREE CLUB
26 	27 10:00—Line Dancing 11:45—Senior Café 1:00-3:00—Birthday Bingo—Shelton Lakes-Apple Rehab 1:00 Pool Billiards	28 9:30 Gentle Yoga 11:45— Strength Training with Bobbi 9:00-3:00—Pool Billiards	29 9:30 Mahjongg 9:30 - Pinochle, Chess, Bridge, Dominoes-Call to sign up 10:00 Hook & Needle 11:45-Senior Café 9:00-3:00—Pool Billiards 12:30-4:30—AARP Safe Driving Course	30 10:00 Grocery Shopping w/ VTD 9:00-3:00—Pool Billiards 10:30—Creative Writing Workshop Call to sign up 12:30—FAMILY TREE CLUB

DERBY SENIOR CENTER

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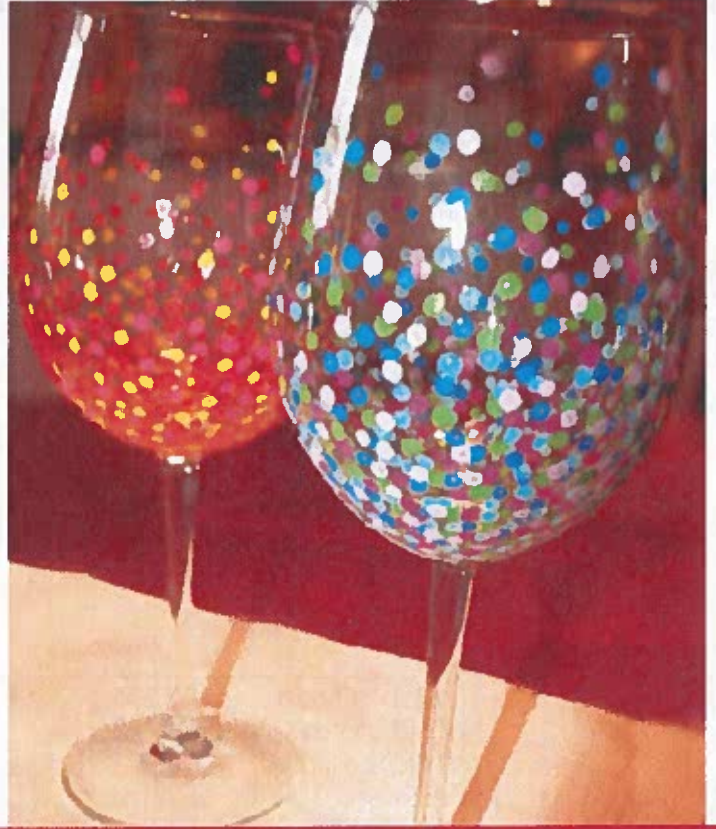
CURRENT TRIP SCHEDULES— — —CALL THE CENTER FOR SIGN UP OR INFO

Transportation for seniors is available 5 days a week from Valley Transit District call For more information or to schedule a pick up call 735-6408 Free transportation to & from the center on Tuesdays—call VTD 24 hour in advance for pick up

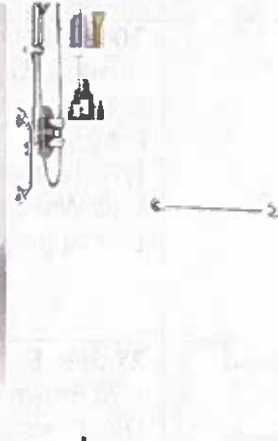
"Neil Diamond Meets the Eagles" Show & MGM	Price: \$89	May 22, 2025
"Noah" in Lancaster—3 Day Tour	Price: \$569 pp dbl	June 3-5, 2025
"Summer Breeze" Amarante's	Price \$85 Drive on Own	June 26, 2025
"CT Lighthouse Cruise" lunch in Old Mystic Village	Price: \$156	July 8, 2025
"The Beatles, Ticket to Ride" at Log Cabin	Price \$140	July 16, 2025
"Simon & Garfunkel" Show & MGM	Price \$89	August 14, 2025
"Yesterday Once More" Carpenters	Price \$129	September 11, 2025
"Margaritaville on CAPE COD"—3 DAY TOUR	Price: \$599	September 22-24, 2025
"Better in the Bronx"—Arthur Ave	Price: \$139	September 23, 2025
"Tropicana Atlantic City"	Price: \$343	October 28-30, 2025
"Back Home Again"—Tribute to John Denver	Price: \$97	November 12, 2025
"California Dreamin'" —Collette	Price \$3,999 Double	September 15-22, 2025
"Southern Italy & Sicily" —Collette	Price \$4,979 Double	November 7-19, 2025

Address: 293 Main Street Derby, CT **Phone:** (203) 736-1484 **Email:** derbyctseniorcenter@gmail.com **Fax:** (203) 736-1486

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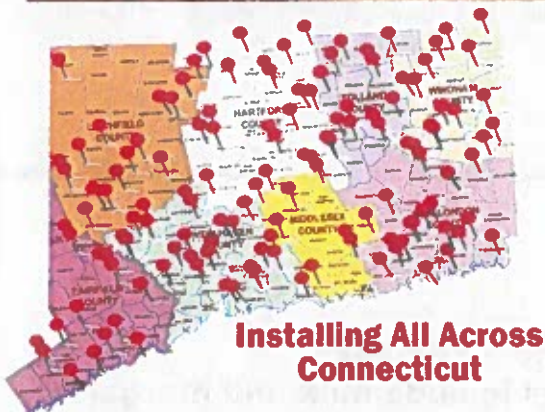
WEDNESDAY May 21st 1pm - 2:30pm



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Wednesday of the month starting in June this summer at **Derby
Senior Center** for a sunny season full of exciting book discussions.



Wed.

June 4



Wed.

July 2



Wed.

Aug 6

First
Wednesday of
the Month at
1 PM Starting
June 4th

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MAY 2025 - SENIOR COMMUNITY CAFE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 8 ea Cheese Ravioli w/Pesto Cream Sauce 1/2c Green Peas 1/2c Capri Vegetables 1 slc Garlic Breadstick 1/2c Pineapple Tidbits	2
5	6 3/4 c Beef Burgundy 1/2 c Whipped Potatoes 1/2c Cabbage 1 Dinner Roll 1/2c Applesauce	7	8 Mother's Day Luncheon / Tea Croissant Sandwiches, Italian Pasta Salad, Tossed Salad, Sweet Treats, Beverage \$12.00	9
13	13 1 ea Roast Chicken Leg Quarter 1/2c Scalloped Potatoes 1/2c Tossed Salad 1 slc Rye Bread 1/2c Applesauce	14	15 6 ea Beef/Chicken Meatballs w/Steakhouse Sauce 1/2c Bow Tie Pasta 1/2c Cabbage 1 slc Wheat Bread 1/2c Pineapple Tidbits	16
19	20 3 oz Maple Mustard Pork 1/2c Baked Sweet Potato 1/2c Tossed Salad 1 slc Wheat Bread 1/2c Applesauce	21	22 Memorial Day Special 1 ea Frankfurter w/Chili 1/2c Potato Tots 1/2c Corn 1 ea Hot Dog Bun 1 slc Pound Cake	23
26 Office Closed 	27 3/4c Beef stir- Fry 1/2c Brown Rice 1/2c Broccoli 1 slc Wheat Bread 1/2cMandarin Oranges	28	29 6 oz Cream of Tomato Soup 3/4c Turkey Primavera 1/2c Penne Pasta 1 slc Italian Bread 1 ea Fresh Baked Cookie	30



30 Elizabeth Street, Derby, CT 06418 - 736-5420

Menus subject to change due to availability – All meals include milk and margarine.